



PROFESSIONAL FOOTBALL DEVELOPMENT PROGRAM IN SPAIN

# ACADEMY BROCHURE | 2021-22

[www.perfectfootball.eu](http://www.perfectfootball.eu)



A STEP  
TOWARDS  
PLAYING  
PROFESSIONAL  
FOOTBALL

# PERFECT FOOTBALL

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Perfect Football is a professional football methodology developed in Spain which trains players with the most modern techniques for the game. We have highly qualified UEFA coaches & technical staff.



100+ players from



15+ countries

**Our programs are designed to help integrate non-European players into European football.**



# WHY CATALONIA IN SPAIN?

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Spain has the most developed footballing system in the world and is home to the biggest leagues & clubs making it a football powerhouse.



Spain's Catalonia region has come up to be the state with the biggest league football system in the country.



Ideal mild climate for training



Spanish clubs dominate European football



Catalonian coaches have achieved global success



More than 1000+ Senior Category/U19 teams



Overall 5000+ teams in the area

# PALAMÓS C.F.



Palamós CF is the oldest club in Catalonia & third oldest in Spain (founded in 1898), and is a Tercera Nacional Division club based in the town of Palamos, Girona Province in Spain. Situated in the famous Costa Brava region of Catalonia, Palamos offers the perfect eco system for young footballers to come & nurture themselves.



Natural grass stadium

# STATE-OF-THE-ART INFRASTRUCTURE

Perfect Football Academy boasts a modern residential facility in Palamós. Situated at a 3 mins walking distance to the beach & 5 mins walking to the football stadium.



Artificial Turf  
Training cum Match Field

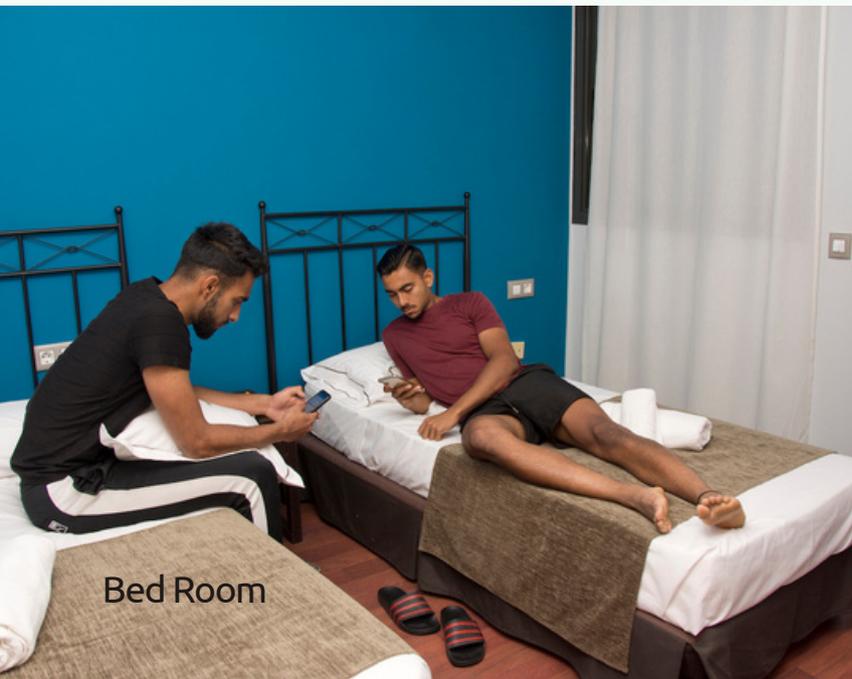


Common room

# RESIDENTIAL FACILITIES

- Fully equipped shared double rooms
- Fully equipped kitchen
- Common room for each apartment with television
- Guardian supervisor on-site
- Multicultural environment
- 24/7 security and surveillance
- High-speed WiFi property wide

A group of 4 players are given 1 apartment to be shared between them. Each room has 2 players in it.



Bed Room



Kitchen



Common Room



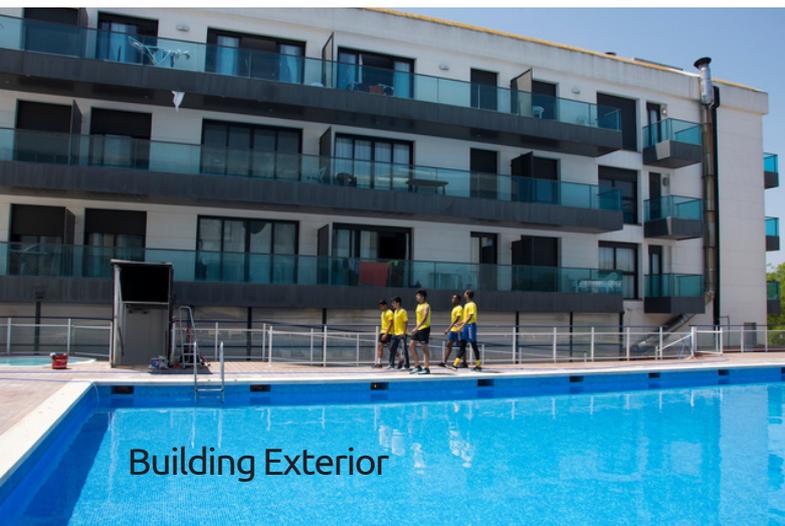
Bath Room



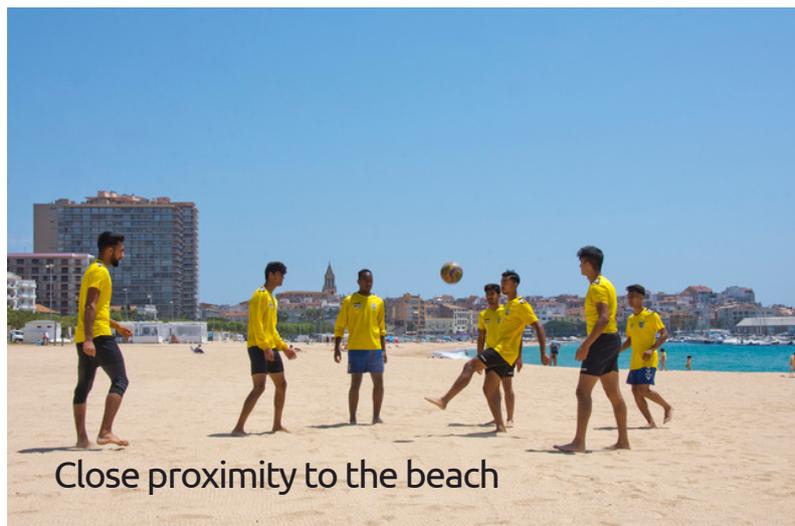
Balcony



Verandah



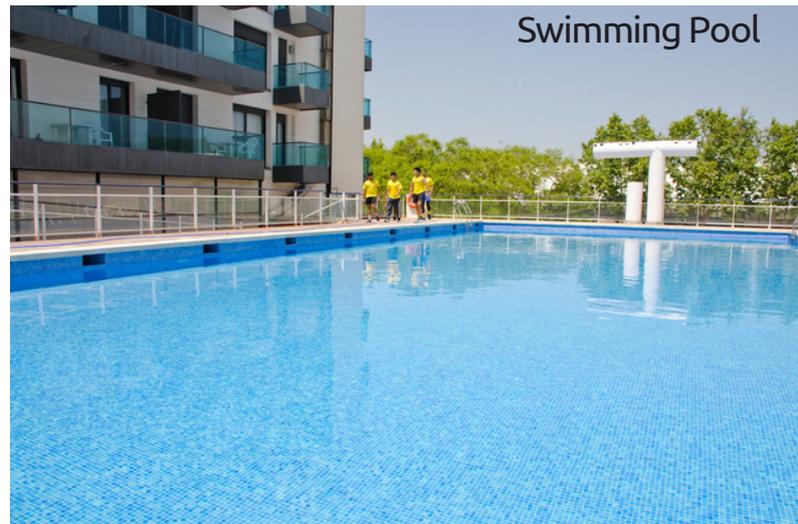
Building Exterior



Close proximity to the beach

# PERFORMANCE CENTER

- Full gym; with latest equipment
- Physiotherapy & sports psychology
- Swimming pool, Sauna, Steam access
- Real time individual and team statistics
- Healthy and balanced menus



# LOCATION & CAMPUS

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All the facilities for the players are located in the walking distance in the town of Palamos. The town offers a save environment for the players to focus on their needs for their football & personal development.

Football Complex & facilities are located at a 5 mins walk from the housing complex which comprises of the apartments, gym, restaurant for meals, supermarket.



# OUR ACADEMY APPROACH

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A good football player is one that is technically skilled, physically fit, mentally strong, and game-intelligent. Our unique methodology, incorporating global techniques, covers all aspects of the game:



## **PHYSICAL**

Development of speed, strength, flexibility and endurance



## **TECHNIQUE**

Controlling the ball through pass, control, dribbling, shooting, driving and head control



## **TACTICAL**

Understanding and executing the game both through defence and attack positions



## **VALUES**

Building values such as hardwork, dedication and consistency, along with communicative and social abilities

- Understanding the team as a 'motor', we recognize that the action of every player is an integral part of the team's perfect functioning.
- Thus, our methodology personalises attention on players and their differing individual skills and physical characteristics.

# PERFECT FOOTBALL - PALAMOS

The players at the academy benefits from our overall development approach & we ensure they are provided with all their needs during their stay

**10 MONTHS - FULL SEASON**

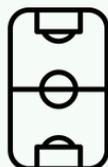
**30 LEAGUE MATCHES**

**20 FRIENDLY MATCHES**



## OFFICIAL LEAGUE

Play in official Spanish league matches



## PROFESSIONAL TRAINING

UEFA Pro Coaches & modern football methodology



## ACCOMMODATION

Full board stay at the player's residence in Spain



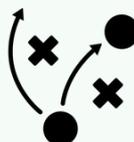
## NUTRITION & FOOD

3 Meals daily with proper sports nutrition



## EDUCATION

Study Language, high school or UEFA coaching License



## DEVELOPMENT

Reports, Match Videos, Analysis & tools needed for the growth



## MEDICAL INSURANCE

All players are covered by private health insurance in Spain



## VISA ASSISTANCE

Visa, Residence Permit & Travel assistance

# TECHNICAL TEAM

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**Antoni Reguant**  
*Academy Director*  
*Ex President, Sabadell FC*



**Shubham Garg**  
*President*  
*Fundacion Esportiva Palamos CF*



**Julio Segret**  
*Technical Director*  
*UEFA Pro License*



**Eduard Batlle Basart**  
*U-19 Head Coach*  
*UEFA Pro License*



**Gerard Reig**  
*Coach & Coordinator*  
*UEFA Pro License*



**Satvik Mohindra**  
*Operations*

# INCREASING OPPORTUNITIES

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Players receive the opportunity to represent at various levels, dependent on their performance



1st & 2nd Division



3rd & 4th Division



FEDERACIÓ  
CATALANA  
DE FUTBOL

Catalan Division

## PARTNER CLUBS



LA RODA CF



TOMELLOSO CF



UE Torroella



Sant Antoni, C.F.



Match Broadcasting Partner

# EDUCATION

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At Perfect Football, education, apart from Football is taken seriously. Our residential program offers the right kind of balance between on-field training and off-field activities for young players, with a focus on helping them become better footballers and well-rounded individuals.

When not playing, academy players can be enrolled into an age-appropriate (School and University) education setup to get an ongoing education. This will ensure that they pick up important skills across all facets of life, even as they continue to focus on football.

## SPANISH LANGUAGE COURSE 14 YEARS & ABOVE



**Prestige  
Idiomas  
Internacional**



## FOOTBALL COACHING LICENSE 16 YEARS & ABOVE



UEFA & RFEF Courses

## HIGH SCHOOL 14-17 YEARS

**K12**



USA HIGH SCHOOL  
K-12  
ONLINE



INTERNATIONAL SCHOOL  
COSTA BRAVA

**Vedruna** Palamós

Spanish High School

# PROGRAMS & FEES

	10-MONTH PROGRAMME	3-MONTH PROGRAMME	1-MONTH PROGRAMME	
 <b>Training</b>	Professional Football Training	✓	✓	✓
	UEFA & RFEF licensed Coaching staff	✓	✓	✓
	Technical Briefs & Video Analysis	✓	✓	✓
	Individualized Coach Briefs	✓	✓	✓
	Competition and Mental Conditioning	✓	✓	✓
 <b>Opportunities</b>	Official League Games	✓	✗	✗
	Friendly & Competitive Matches	✓	✓	✓
	Trials and showcases in professional clubs	✓	✓	✓
	Access to scouting programs	✓	✓	✓
 <b>Education</b>	Spanish language classes	✓	✓	✓
	Sports / Coaching course* (Optional)	✓	✗	✗
	High School education* (Optional)	✓	✗	✗
 <b>Performance Building</b>	Healthy, balanced nutrition	✓	✓	✓
	Supervised Gym training	✓	✓	✓
	Individual performance reports	✓	✓	✓
	Spa, Medical and Physiotherapy access	✓	✓	✓
 <b>Boarding</b>	Full board premium accommodation	✓	✓	✓
	Private Health Insurance	✓	✓	✓
	Excursions	✓	✓	✓
	Complete Training Kit	✓	✓	✓
	<b>€ 22,000</b>	<b>€ 7,000</b>	<b>€ 2,500</b>	

\*Prices does not include Visa Fee, Flights

\*High School & University Education separate

\*Sports Management Course separate cost



## CONTACT INFORMATION

**WE'D LOVE TO HEAR FROM YOU!**

### EMAIL ADDRESS

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